



Course Description

CLP2000 | Dynamics of Behavior | 3.00 credits

Analysis of mechanisms of adjustment, motivation, frustration, and conflict, learning personality and psychotherapy. Emphasis is on the psychological processes of the normal individual functioning in society rather than on behavior disorders.

Course Competencies:

Competency 1: The student will explain the mechanisms of adjustment, motivation, frustration and conflict by:

1. Stating basic tenets of various neurobiological, biological, psychological, social learning, cognitive, and/or personality explanations of functional human behavior
2. Identifying components of the self with emphasis on functional psychological processing
3. Paraphrasing strategic approaches for the development and/or change to functional behavior posited by biological, psychological, social/learning, cognitive and/or personality theories of human behavior

Competency 2: The student will apply the mechanisms of adjustment, motivation, frustration, and conflict to observed behavior by:

1. Demonstrating how strategic approaches for the development and/or change to functional behavior posited by biological, psychological, social/learning, cognitive and/or personality theories of human behavior would differentially explain the same observed behavior
2. Illustrating behavioral changes that would be posited by various neurobiological, biological, psychological, social, learning, cognitive, and/or personality explanations of functional human behavior
3. Practicing strategic approaches such as cognitive reframing, self-monitoring, self-regulation, self-control, and emotional regulation to instill functional adjustment

Competency 3: The student will synthesize strategic approaches toward functional adjustment by:

1. Integrating strategic approaches for the development and /or change to functional behavior posited by biological, psychological, social/learning, cognitive, and / or personality theories of human behavior to identify best practice strategies
2. Relating knowledge of ethical and cultural principles of functional adjustment with decision-making strategies for real-world, applied dilemmas
3. Employing strategic approaches such as cognitive reframing, self-monitoring, self-regulation, self-control, and emotional regulation to instill functional adjustment

General Education Learning Outcomes:

- Communicate effectively using listening, speaking, reading, and writing skills
- Create strategies that can be used to fulfill personal, civic, and social responsibilities
- Demonstrate knowledge of ethical thinking and its application to issues in society